



Forest School at Calcot Schools



Holistic Development and Learning

Holistic development is a philosophy of engaging with the children as a whole, physically, emotionally, socially, creatively and spiritually.

Holistic development supports all the areas of learning and development within EYFS curriculum and some within the Key Stage 1 and Key Stage 2 curriculum.

Personal, Social and Emotional development
Communication and Language
Physical Development
Literacy
Mathematics
Understanding the World
Expressive Arts and Design



How does Forest School help my child's development?

Personal, Social and Emotional Development

- Team Building
- Having fun
- Sense of achievement
- Personal Safety
- Children assessing their own risks
- Supporting others
- Building fires

Communication and Language

- Listening skills
- Language skills and vocabulary
- Speaking-talking to others
 - Giving and following instructions

Physical Development

- Developing fine and gross motor skills
 - Balance
 - Moving and transporting
 - Self care
- Understanding own limits
 - Taking risks

Literacy

- Using information texts to find out about plants, shrubs, trees, mini-beasts and wildlife
- Drawing, writing and talking about their experiences in Forest school

Mathematics

- Problem solving
- Developing an awareness of shape and space
 - Comparing and measuring natural objects

Expressive Arts and Design

- Creating with natural resources
- Listening to the sounds of nature

Understanding the World

- Developing knowledge about the natural environment, the harm we can cause and sustainability

Self-Esteem:

To be confident about our own worth or abilities.

Emotional Intelligence:

To be aware of, control and express our own emotions.

How does Forest School promote self-esteem and emotional intelligence?

- Working with others
- Developing leadership and team member skills
- Caring for others-noticing their needs
- Taking controlled risks
- Developing listening skills
 - Child led activities-following the children's agenda

- Understanding their own abilities and limits
 - Opportunities to demonstrate physical skills
- Taking responsibilities
- Understanding boundaries
 - Problem solving

Resilient, confident, independent and creative learners



Forest School gives children the opportunity to carry out activities of their own choosing. Thus encouraging the learner to become more engaged with the task. With support, the learner will develop the confidence to take controlled risks and assess their own ability and limits. Giving the children opportunities to experience new and exciting activities that they might not normally have the opportunity to do. This encourages them to take the knowledge they have from home and the classroom and develop it further in Forest School.

